

US Taekwondo Complex at Cranston



Weekly News Letter (10/3/22 – 10/7/22)

- ❖ **Before/After School Program: 6:30 AM – 6:00 PM**
- ❖ **School Holiday Camp: 6:30 AM – 5:00 PM**
- ❖ **HEALTHY SNACKS & LUNCHES WITH A WATER BOTTLE FOR A FULL-DAY CAMP (10/5)**

Thank you very much for being the royal families in our program! Your children's well-beings are our number one priority and we strive to make our program as best as possible in every aspect of children's development. Here are our weekly stories.

Themes and Project Ideas

Highlight: Season of Fall



Art: We will make a tree using children's hand prints. Children will trace their hands on different colored papers, cut them, and stick them on a large tree trunk.

STEM: We will do a fun experiment using an apple "The Apply Volcano". Children will learn how different chemical reactions occur among different materials when put together.



Taekwondo: Master. Park is joining us to provide Taekwondo training two times a week. Master. Park has trained in Taekwondo for more than three decades. This week, children will review some basic forms and 5 tenants of Taekwondo.

Dance: We just added a dance class! Ms. Christa will be here on Wednesday afternoon and teach students how to dance to a cool song!

EVENTS

10/5 – School Holiday Camp

Cranston and Providence Public Schools will close on 10/5. A full-day camp is available between 6:30 am – 5 pm.

10/10 – Columbus Day

If you need childcare on Columbus Day, please let us know. Our priorities are on our families and children.

Coming Soon – Open House

Food, fun activities, goodies, and so on!!! We will have an Open House. Friends and families are invited!

Weekly Snack menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cheeze it & squeezable yogurt	a slice of bread, cheese, & ham Or Blueberry biscuit	Crackers & mandarin orange	Fruit loop cereal & milk Or Pretzel & Fruit flavored snack	Apple oat cookie